

Douglas Court

adeptcarehomes

Activity Programme

March 2024

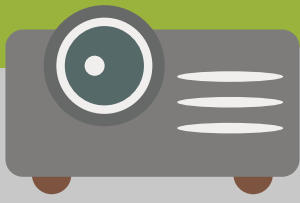


Happy Easter

**Join our Easter Sunday
celebrations throughout the
home, Sunday 31st March**

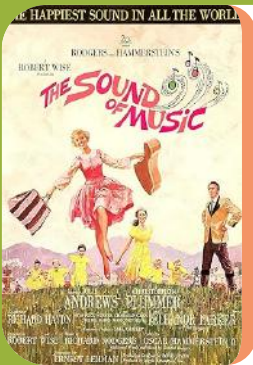
**Mother's
Day**

**Sunday 10th of March,
a special day for all mothers**



Cinema

Join us for regular screenings of favourite movies by amazing cinematographers and actors of a bygone era to stir your memories of times gone by. Enjoy a complimentary bag of popcorn and enjoy the delights of the silver screen!



The Sound of Music (1965)

A young novice is sent by her convent in 1930s Austria to become a governess to the seven children of a widowed naval officer.

Julie Andrews, Christopher Plummer, Eleanor Parker

Casablanca (1942)

A cynical expatriate American cafe owner struggles to decide whether or not to help his former lover and her fugitive husband escape the Nazis in French Morocco.

Humphrey Bogart, Ingrid Bergman, Paul Henreid



Dear John (2010)

A romantic drama about a soldier who falls for a conservative college student while he's home on leave.

Channing Tatum, Amanda Seyfried, Richard Jenkins

Peter Rabbit (2018)

A rebellious rabbit tries to sneak into a farmer's vegetable garden.

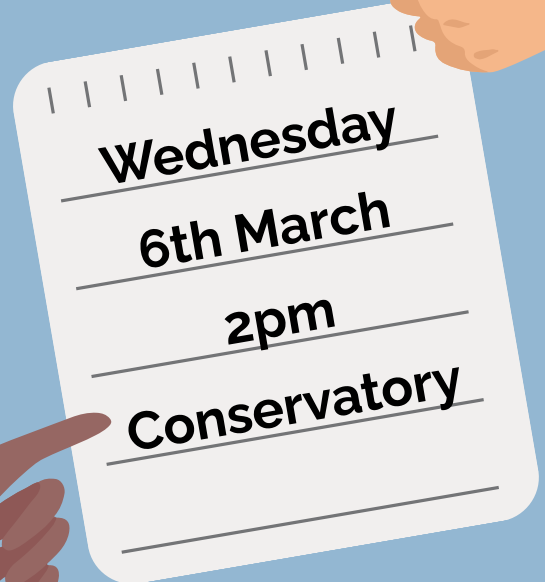
James Corden, Fayssal Bazzi, Domhnall Gleeson



Monthly Residents Meeting

Join your fellow residents and have your say on anything from activities to meals, gardens, family visits or anything home related.

We want this to be your happy place and we're listening.



Birthdays

We are celebrating

Gylda, Pat & Tom

Everyone from adept wishes you a Happy Birthday!



St David's Day Celebration

Celebrate St David's Day with us! Join our taster session of all things Welsh

Friday 1st March



Mother's Day Sing-Along and Tea Party

This Mother's Day, enjoy a sing-along with Sarah followed by a delightful tea party

Sunday 10th March, Afternoon

St Patrick's Day Taster Session

Celebrate St Patrick's Day with us by exploring all things Irish at our taster session

Sunday 17th March



Our Activities Team

Our fabulous activities team are always here to help and are open to any ideas and suggestions to enhance the activity programme



Special Events

Good Friday Celebration

Join us on Good Friday for singing and dancing with Ami, accompanied by hot cross buns

Friday 29th March, 10:30am



Easter Sunday Egg Hunt

Don't miss our Easter Sunday Egg Hunt!

Sunday 31st March

Easter Raffle

Join our exciting Easter Raffle! Tickets are just £1 per strip. Mark your calendars - the draw will happen on Good Friday, 29th March. Don't miss your chance to win fabulous prizes!

Friday 29th March



events are subject to change

Date	Morning, 10:30am	Afternoon, 2pm
Fri 1st	Welsh Food Taster All Home 	Bingo Green Lounge 
Sat 2nd	Newspaper, Snug Book Club, Snug 	Beetle Drive Green Lounge 
Sun 3rd	Parachute And Ball Games, Both Lounges 	Movie Afternoon - The Sound Of Music, Rose Lounge 
Mon 4th	Pamper Morning Salon 	Chess Afternoon Green Lounge 
Tue 5th	Mothers Day Arts And Crafts, Rose Lounge 	One To Ones All Home 
Wed 6th	Flower Arranging Conservatory 	Residents Meeting Conservatory 
Thu 7th	Knitting Club Snug 	Toms Quiz Rose Lounge 
Fri 8th	Bingo Green Lounge 	Residents Choice Residents Choice 
Sat 9th	Mothers Day Cupcake Baking, Green Lounge 	Beetle Drive Green Lounge 
Sun 10th	Mothers Day Entertainment From Sarah, Rose Lounge 	Mothers Day Afternoon Tea, Green Lounge 
Mon 11th	Pamper Morning Salon 	Sing Along Rose Lounge 
Tue 12th	Easter Arts And Crafts, Rose Lounge 	One To Ones All Home 
Wed 13th	Piano Lessons With David, Rose Lounge 	Parachute And Ball Games, Both Lounges 
Thu 14th	Knitting Club Snug 	Toms Quiz Rose Lounge 

Date	Morning, 10:30am		Afternoon, 2pm	
Fri 15th	Bingo Green Lounge		Red Nose Day Activities, Green Lounge	
Sat 16th	Cooking Club Green Lounge		Beetle Drive Green Lounge	
Sun 17th	Irish Food Taster All Home		Movie Afternoon - Casablanca, Rose Lounge	
Mon 18th	Pamper Morning Salon		Residents Choice Residents Choice	
Tue 19th	Easter Arts And Crafts, Rose Lounge		One To Ones All Home	
Wed 20th	Douglas Court Give And Take Campaign, Rose Lounge		Parachute And Ball Games, Both Lounges	
Thu 21st	Knitting Club Snug		Toms Quiz Rose Lounge	
Fri 22nd	Bingo Green Lounge		Residents Choice Residents Choice	
Sat 23rd	Cooking Club Green Lounge		Beetle Drive Green Lounge	
Sun 24th	Parachute And Ball Games, Both Lounges		Movie Afternoon - Dear John, Rose Lounge	
Mon 25th	Pamper Morning Salon		Sing Along Rose Lounge	
Tue 26th	Easter Arts And Crafts, Rose Lounge		One To Ones All Home	
Wed 27th	Virtual Reality Morning, Rose Lounge		Cheese Taster All Home	
Thu 28th	Dominoes Tournament At Kiwi House, Kiwi House		Toms Quiz Rose Lounge	
Fri 29th	Good Friday Entertainment By Sarah, Rose Lounge		Easter Bingo Green Lounge	
Sat 30th	Cooking Club Green Lounge		Beetle Drive Green Lounge	
Sun 31st	Easter Sunday All Day, All Home		Easter Sunday Film Afternoon - Peter Rabbit, All Home	

Making Memories



We loved celebrating Valentines Day together! With fantastic entertainment from Buddy Holly Tribute - Danny Gill in the morning, before joining together in our dining room for a 'Romantic Meal for 2', made lovingly by our wonderful kitchen team



We spent the morning of Pancake Day enjoying delicious homecooked pancakes in our lounge! Our team cooked a delicious batch of pancakes for us all, showing their excellent flipping skills too along the way



Our new pool table has been put together and displayed in our conservatory, and we couldn't wait to play our first game! It was such an exciting afternoon, and we already know we will make some great memories with one another playing pool and snooker together



We always enjoy a competitive Beetle Drive tournament, with a selection of great prizes on offer, what's to miss