

Hairdresser

The hairdresser visits weekly. Come and have your hair done!



Film Club

Join us and watch your favourite musical or classic movie

Don't miss the Weekly Sparkle.

A copy can be found in our reception area.

Enjoy!

One-to-one visits are arranged throughout the week for residents who are unable to, or choose not to, participate in group activities.

In addition, there is a selection of reading material including books, magazines and newspapers available. CD's, DVD's and table top games such as cards, dominos, scrabble and draughts are available in the lounge for residents and relatives to help themselves.

Just Ask, if you can't find them



Monthly Social Programme

April 2017

 Website: adeptcarehomes.co.uk

 Facebook: facebook.com/BowoodCourtMewsCareHome

Day	Date	Morning	Afternoon
Friday	22	Christmas Quiz	Weekly Sparkle
Saturday	23	Sing-a-long	Cookery Club
Sunday	24	Sherry Morning	Christmas Carols sing-a-long
Monday	25	Christmas Day	
Tuesday	26	Festive Baking	Boxing Day Bingo
Wednesday	27	Sparkle Quiz	Active Games
Thursday	28	Skittles	Flower Arranging

Day	Date	Morning	Afternoon
Friday	1	Cookery Club	Film Afternoon
Saturday	2	Christmas Crafts	Film Club
Sunday	3	Sherry Morning	Weekly Sparkle
Monday	4	Pamper Morning	Keep Fit
Tuesday	5	Shopping Excursions	Rob Wilson
Wednesday	6	Active Games	Quiz & Puzzles
Thursday	7	Bingo	Film Club

Day	Date	Morning	Afternoon
Friday	8	Cookery Club	Shopping Excursion
Saturday	9	Christmas Fair with Barry Jukes	
Sunday	10	Skittles	Christmas Crafts
Monday	11	Pamper Morning	Keep Fit
Tuesday	12	Christmas Sing-a-long	Weekly Sparkle
Wednesday	13	Active Games	Christmas Panto
Thursday	14	Cookery Club	Sensory Reminiscence

Day	Date	Morning	Afternoon
Friday	15	Cookery Club	Table top Games & Puzzles
Saturday	16	Crafts	Christmas Film
Sunday	17	Christmas Card Making	Christmas Quiz
Monday	18	Pamper Morning	Keep Fit
Tuesday	19	Excursion	Sing-a-long
Wednesday	20	Christmas Party with Barry Jukes	
Thursday	21	Flower Arranging	Bingo