

Moat House

adeptcarehomes

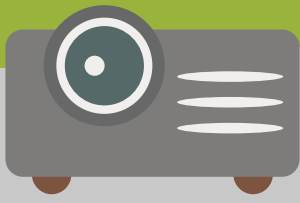
# Activity Programme

May 2026

VE Day

8th May

**DEMENTIA  
ACTION WEEK  
19–25 MAY**



# Cinema

Join us for regular screenings of favourite movies by amazing cinematographers and actors of a bygone era to stir your memories of times gone by. Enjoy a complimentary bag of popcorn and enjoy the delights of the silver screen!



## Johnny English (2003)

After a sudden attack on MI7, Johnny English, Britain's most confident, yet unintelligent spy, becomes Britain's only spy.

Rowan Atkinson, John Malkovich, Natalie Imbruglia

## Beaches (1988)

Wealthy privileged San Francisco debutante Hillary Whitney Essex and cynical struggling entertainer C. C. Bloom share a turbulent, but strong friendship over the years.

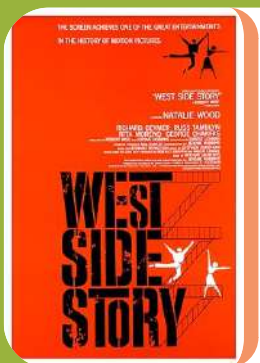
Bette Midler, Barbara Hershey, John Heard



## West Side Story (1961)

Two youngsters from rival New York City gangs fall in love, but tensions between their respective friends build toward tragedy.

Natalie Wood, George Chakiris, Richard Beymer



## The Hundred-Foot Journey (2014)

The Kadam family leaves India for France where they open a restaurant directly across the road from Madame Mallory's Michelin-starred eatery.

Helen Mirren, Om Puri, Manish Dayal



# Monthly Residents Meeting

Join your fellow residents and have your say on anything from activities to meals, gardens, family visits or anything home related.

We want this to be your happy place and we're listening.



# Birthdays

We are celebrating

**Barbara, Dawn,  
Madeleine, Mary & Val**

Everyone from adept wishes you a Happy Birthday!



## Rob Wilson Performance

Don't miss a wonderful afternoon of music with Rob Wilson.

**Friday 1st May, 2:30pm**



## Dean Thomas Performance

Enjoy an afternoon of music and entertainment with Dean Thomas.

**Saturday 9th May, 2:30pm**

## Boom Box Betties

A lively performance full of vintage charm and great music.

**Sunday 10th May, 2:30pm**



## Singer Duffy

Join us for a delightful afternoon performance from Duffy.

**Thursday 14th May, 2:30pm**

## Our Activities Team

Our fabulous activities team are always here to help and are open to any ideas and suggestions to enhance the activity programme



# Special Events

## Cathy Morris Performance

Join us for a wonderful musical session with Cathy Morris.

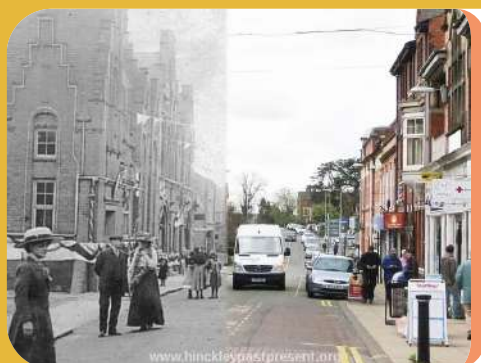
**Friday 15th May, 2:30pm**



## Hinckley Past & Present

A fascinating look at the local history and development of Hinckley.

**Wednesday 20th May, Afternoon**



## Julie Sings

Join us for a delightful performance by Julie.

**Friday 22nd & Tuesday 26th May, 2:30pm**



## Sam Preston Performance

Don't miss a wonderful afternoon of music with Sam Preston.




**Thursday 28th May, 2:30pm**



# Lower Floor

events are subject to change

Date	Morning, 10:30am	Afternoon, 2:30pm
Fri 1st	Relaxation Class With Sam, Garden Lounge 	Rob Wilson, Garden Weather Permitting 
Sat 2nd	Burbage Farmers Market, Burbage Village 	Moat House Choir Garden Lounge 
Sun 3rd	Hymn Service Garden Lounge 	Reminiscence, Garden Lounge Sherry Afternoon, All Floors 
Mon 4th	The Wool Workshop Sun Lounge 	Boccia Garden Lounge 
Tue 5th	Minibus Adventures, Minibus Adventures 	Minibus Adventures, Minibus Adventures 
Wed 6th	Cooking Club, Meet In Garden Lounge 	Appreciation Nurses Day, Garden Lounge 
Thu 7th	Arts & Crafts Garden Lounge 	Love To Move With Liz, Garden Lounge 
Fri 8th	Relaxation Class With Sam, Garden Lounge 	VE Day Celebration Garden Lounge 
Sat 9th	Community Walks, 11am, Burbage Village 	Dean Thomas, Garden Weather Permitting 
Sun 10th	Hymn Service Garden Lounge 	Boom Box Betties Singers, Garden Weather Permitting 
Mon 11th	The Wool Workshop Sun Lounge 	Hastings High School Visit, Garden Lounge 
Tue 12th	Singing Cafe Pathways Hinckley 	Minibus Adventures, Minibus Adventures 
Wed 13th	Cooking Club, Meet In Garden Lounge 	World Bee Day Garden Lounge 
Thu 14th	Arts & Crafts Garden Lounge 	Duffy Singer, Garden Weather Permitting 

Date	Morning, 10:30am	Afternoon, 2:30pm
Fri 15th	Relaxation Class With Sam, Garden Lounge 	Cathy Morris, Garden Weather Permitting 
Sat 16th	Community Walks Burbage Village 	Moat House Choir Garden Lounge 
Sun 17th	Hymn Service Garden Lounge 	Reminiscence, Garden Lounge Sherry Afternoon, All Floors 
Mon 18th	The Wool Workshop Sun Lounge 	Hastings High School Visit, Garden Lounge 
Tue 19th	Minibus Adventures, Minibus Adventures 	Minibus Adventures, Minibus Adventures 
Wed 20th	Hinckley Past & Present Presentation, Garden Lounge 	Forget Me Not Cafe Moat Lounge 
Thu 21st	Flower Arranging For Chelsea Flower Show, Garden Lounge 	Chelsea Flower Show Judging, Garden Lounge 
Fri 22nd	Relaxation Class With Sam, Garden Lounge 	Julie Sings, Garden Weather Permitting 
Sat 23rd	Community Walks Burbage Village 	Moat House Choir Garden Lounge 
Sun 24th	Hymn Service Garden Lounge 	Gardening Club, Garden Lounge Sherry Afternoon, All Lounges 
Mon 25th	The Wool Workshop Sun Lounge 	Boccia Garden Lounge 
Tue 26th	Singing Cafe Pathways Hinckley 	Minibus Adventures, Minibus Adventures 
Wed 27th	Cooking Club, 10am, Meet In Garden Lounge 	Residents Meeting Garden Lounge 
Thu 28th	Arts & Crafts Garden Lounge 	Sing With Sam Preston, Garden Lounge 
Fri 29th	Relaxation Class With Sam, Garden Lounge 	Play Your Cards Right, Garden Lounge 
Sat 30th	Community Walks Burbage Village 	Moat House Choir Garden Lounge 
Sun 31st	Hymn Service Garden Lounge 	Reminiscence, Garden Lounge Sherry Afternoon, All Floors 

# Middle Floor

events are subject to change

Date	Morning, 10:30am	Afternoon, 2:30pm
Fri 1st	Seated Move And Groove, Moat Lounge 	Rob Wilson, Garden Weather Permitting 
Sat 2nd	Burbage Farmers Market, Burbage Village 	Moat House Choir Garden Lounge 
Sun 3rd	Hymn Service Garden Lounge 	Sherry Afternoon All Floors 
Mon 4th	Pamper & Polish We Come To You 	Men's Club, Horse & Hound Pub Movie At The Flicks, Cinema 
Tue 5th	Minibus Adventures, Minibus Adventures 	Minibus Adventures, Minibus Adventures 
Wed 6th	Hinckley Past & Present Presentation, Garden Lounge 	Appreciation Nurses Day, Garden Lounge 
Thu 7th	Reminiscence Club 1960s Kitchen 	Love To Move With Liz, Garden Lounge 
Fri 8th	Seated Move & Groove Moat Lounge 	Ve Day Celebrations Garden Lounge 
Sat 9th	Community Walks, 11am, Burbage Village 	Moat House Choir Garden Lounge 
Sun 10th	Hymn Service Garden Lounge 	Boom Box Betties Singers, Garden Weather Permitting 
Mon 11th	Target Game Moat Lounge 	Men's Club, Horse & Hound Pub Hastings High School Visit, Garden Lounge 
Tue 12th	Singing Cafe Pathways Hinckley 	Minibus Adventures, Minibus Adventures 
Wed 13th	Boccia Moat Lounge 	World Bee Day Garden Lounge 
Thu 14th	Gardening Club, Meet In Moat Lounge 	Singer Duffy, Garden Weather Permitting 

Date	Morning, 10:30am	Afternoon, 2:30pm
Fri 15th	Seated Move & Groove Moat Lounge 	Cathy Morris, Garden Weather Permitting 
Sat 16th	Community Walks Burbage Village 	Moat House Choir Garden Lounge 
Sun 17th	Hymn Service Garden Lounge 	Sherry Afternoon All Floors 
Mon 18th	File & Polish We Come To You 	Men's Club, Horse & Hound Pub Hastings High School Visit, Garden Lounge 
Tue 19th	Minibus Adventures, Minibus Adventures 	Minibus Adventures, Minibus Adventures 
Wed 20th	Hinckley Past & Present Presentation, Garden Lounge 	Forget Me Knot Cafe Moat Lounge 
Thu 21st	Reminiscence Club 1960s Kitchen 	Play Your Cards Right Moat Lounge 
Fri 22nd	Seated Move & Groove Moat Lounge 	Julie Sings, Garden Weather Permitting 
Sat 23rd	Community Walks Burbage Village 	Moat House Choir Garden Lounge 
Sun 24th	Hymn Service Garden Lounge 	Sherry Afternoon All Floors 
Mon 25th	Target Game Moat Lounge 	Men's Club, Horse & Hound Pub Movie At The Flicks, Cinema 
Tue 26th	Singing Cafe Pathways Hinckley 	Minibus Adventures, Minibus Adventures 
Wed 27th	Boccia Moat Lounge 	Bingo Buddies Village Lounge 
Thu 28th	Gardening Club, Meet In Moat Lounge 	Play Your Cards Right Moat Lounge 
Fri 29th	Seated Move & Groove Moat Lounge 	Finish The Proverb Moat Lounge 
Sat 30th	Community Walks Burbage Village 	Moat House Choir Garden Lounge 
Sun 31st	Hymn Service Garden Lounge 	Sherry Afternoon All Floors 

# Upper Floor

events are subject to change

Date	Morning, 10:30am	Afternoon, 2:30pm
Fri 1st	Movie Morning Cozy Lounge 	Rob Wilson, Garden Weather Permitting 
Sat 2nd	Garden Walks Garden 	Moat House Choir Garden Lounge 
Sun 3rd	Hymn Service, Garden Lounge & Treetops Lounge 	Mocktails Treetops Lounge 
Mon 4th	Sensory & Singalong, Treetops Lounge 	Socialise All Floors & Garden 
Tue 5th	Minibus Adventures, Minibus Adventures 	Minibus Adventures, Minibus Adventures 
Wed 6th	Creative Morning Treetops Lounge 	Appreciation Nurses Day, Garden Lounge 
Thu 7th	Bubble Tennis, Treetops Lounge Big Balloon Fun, Treetops Lounge 	Memory Lane Melodies, Treetops Lounge 
Fri 8th	Movie Morning Cozy Lounge 	Ve Day Celebrations Garden Lounge 
Sat 9th	Community & Garden Walks 11am 	Dean Thomas, Garden Weather Permitting 
Sun 10th	Hymn Service, Garden & Treetops Lounge 	Boombox Betties Garden Lounge 
Mon 11th	Reminiscence Treetops Lounge 	Hastings High School Visit, Garden Lounge 
Tue 12th	Singing Cafe Pathways Hinckley 	Minibus Adventures, Minibus Adventures 
Wed 13th	Creative Morning Treetops Lounge 	Afternoon Tea Garden Lounge 
Thu 14th	Bubble Tennis & Big Balloon Fun, Treetops Lounge 	Fern Duffy Garden Lounge 

Date	Morning, 10:30am	Afternoon, 2:30pm
Fri 15th	Movie Morning Cozy Lounge 	Cathy Morris, Garden Weather Permitting 
Sat 16th	Community & Garden Walks 	Moat House Choir Garden Lounge 
Sun 17th	Hymn Service, Garden Lounge & Treetops Lounge 	Mocktails Treetops Lounge 
Mon 18th	Sensory & Singalong, Treetops Lounge 	Hastings High School Visit, Garden Lounge 
Tue 19th	Minibus Adventures, Minibus Adventures 	Minibus Adventures, Minibus Adventures 
Wed 20th	Creative Morning Treetops Lounge 	Afternoon Tea Garden Lounge 
Thu 21st	Bubble Tennis & Big Balloon Fun, Treetops Lounge 	Memory Lane Melodies, Treetops Lounge 
Fri 22nd	Movie Morning Cozy Lounge 	Julie Sings, Garden Weather Permitting 
Sat 23rd	Community & Garden Walks 	Moat House Choir Garden Lounge 
Sun 24th	Hymn Service, Garden & Treetops Lounge 	Mocktails Treetops Lounge 
Mon 25th	Reminiscence Treetops Lounge 	Socialise All Floors & Garden 
Tue 26th	Singing Cafe Pathways Hinckley 	Julie Sings Treetops Lounge 
Wed 27th	Creative Morning Treetops Lounge 	Busy Bees' Bingo Garden Lounge 
Thu 28th	Bubble Tennis & Big Ballon Fun, Treetops Lounge 	Sing With Sam Preston, Treetops Lounge 
Fri 29th	Movie Morning Cozy Lounge 	Target Games Treetops Lounge 
Sat 30th	Community & Garden Walks 	Moat House Choir Garden Lounge 
Sun 31st	Hymn Service, Garden & Treetops Lounge 	Mocktails Treetops Lounge 

# Making Memories



We have joined together to sing through a selection of our favourite songs in our lounge. It is always a much loved afternoon



We've been busy in our garden looking after our plants, keeping everything healthy and growing beautifully



We recently had the pleasure of welcoming the The Alpaca Pals into our home, and we absolutely loved their company



We were proud to sponsor the lunch club at St Catherine's Church as an act of kindness and a thank you for everything they do for our community and Moat House