



ADEPT NEWS SUMMER 2024

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Welcome To Our Summer Newsletter



BY DAVE LOCK
EXECUTIVE CHAIRMAN

As the sun graces us with its warmth and the gentle breeze whispers through the trees, it is with great pleasure that I extend a sunny welcome to you for our Summer 2024 newsletter. Just as the bright colours of summer adorn the world around us, our newsletter is bursting with the latest updates and news from our flourishing Adept Care Homes community.

Summer is a season of vibrant energy and growth, and here at Adept Care Homes, we are eagerly embracing it. From exciting new initiatives to blossoming programs, this newsletter is a bouquet of delights that captures the essence of renewal that fills our community during this time of year.

Within these pages, you will find tales of inspiration, highlights of thrilling events, and important updates about our services and initiatives. From innovative summer programs to heartwarming resident experiences, we take pride in sharing the moments that make our community shine as brightly as the summer sun.

As we continue to nurture a garden of care and support for our residents, we are committed to ensuring that they thrive like the blooms of summer.

I want to extend my heartfelt gratitude to our residents, families, and team for their unwavering support and dedication. Your presence adds warmth and light to our community, much like the radiant summer sun.

Thank you for being a cherished part of our Adept Care Homes family. May this newsletter bring you as much joy and rejuvenation as a perfect summer day.

**Warm regards,
Dave Lock
Executive
Chairman**

We're thrilled to share some exciting progress happening at HorsePool Farm, our farm is truly ploughing along beautifully.

We're delighted to announce that HorsePool Farm is making great strides, thanks to our amazing volunteers and supporters. Our new chicken house is now complete and providing a safe, cozy home for our chickens. This achievement wouldn't have been possible without your time, donations, and encouragement. Thank you for making a difference!

Stay tuned for more updates, and be sure to follow us on Facebook for the latest news and events. <https://www.facebook.com/HorsepoolFarm>



KIWI HOUSE RESIDENT'S ARTWORK DISPLAYED AT FINE ART GALLERY

The team at Kiwi House in Alvaston, Derby, with the help of Bluebird Fine Art Gallery, surprised June by displaying her artwork in a public gallery for everyone to see.

June, an avid artist, spends hours on her much-loved hobby of painting and drawing. She is an active member of the Arts & Crafts Club at Kiwi House, where her talent is well-recognised. When June expressed her wish to see her artwork displayed in a professional gallery, the dedicated activities and wellbeing team at Kiwi House knew they had to make it happen.

Upon arriving at Bluebird Fine Art Gallery, June initially did not recognise her own paintings.

Once she realized they were indeed hers, she exclaimed, "I can't believe they are my paintings, they don't look out of place! I can't believe I am seeing them here."

To celebrate this special occasion, June, her family, and fellow residents enjoyed complimentary glasses of fizz. The event was a delightful and memorable experience for everyone involved, creating a perfect day for June and celebrating her artistic talents.



WOOL YOU LOOK AT THAT, THE ALPACS THAT CAME TO TEA

Residents at Moat House Care Home were surprised by two fluffy Alpaca visitors during their afternoon tea. The Alpaca Pals, Dante and Dustin, paid them a delightful visit. The residents enjoyed an afternoon filled with cuddles, laughter, and joy as they interacted with their fluffy friends, creating cherished memories.

The loveable and curious animals which traditionally originate from Peru and are known for their beautiful soft fur, were met with cheers, gasps, laughter and even a few surprised faces when they took a guided tour around the home and its lavish grounds.



Throughout the afternoon, residents relished in the opportunity to cuddle and interact with Dante and Dustin, forming special bonds with the gentle creatures. The heartwarming experience provided smiles to the faces of all who attended.

A relative said "It's so lovely seeing all the great things you do for your residents. Thank you so much for looking after them so well."

Home Manager Paul Bundyford said, "The residents, their families and the team thoroughly enjoyed it, and it was an absolute delight to see the reaction on the residents faces when they met the alpacas. A day to remember! Our lifestyle and wellbeing program is designed around our residents and their passions. Here in the Leicestershire a lot of our residents have fond past times of animals and farms and this was truly special for them."

A resident from the Knit and Natter Club said "it was such a lovely surprise and so nice to have such wonderful visitors, they are so fluffy and soft, they would make great jumpers" as she chuckled.



"We had a wonderful surprise visit from The Alpaca Pals, and it brought so much happiness to everyone at Moat House," remarked a member of the Moat House team. "The whole home was eager to meet Dante and Dustin, and we loved treating them to a carrot stick or two during their visit!"



MAKE A WISH SALOU



Kathleen Bradley (80), affectionately known as Pat, has long dreamed of returning to Salou in Spain, a place filled with cherished memories shared with her late husband, Ken.

As part of Chetwynd House Care Home's Make a Wish initiative, Pat wrote her wish down and placed it in the homes Magic Wishing Well with everyone else's, not thinking it would ever become a reality. Every month at least one resident is picked at random to see their wish come true.

With the support of the caring team, Pat's family, and the community at Chetwynd House, Pat's wish, deemed by her daughter Nicola as 'a once in a lifetime wish,' to revisit Pat and Ken's Happy Place was about to become a reality.



Pat used to visit Salou twice a year with Ken for over three decades, their favourite destination was the CYE Apartments, where they shared countless moments of joy and relaxation. After the loss of Ken, Pat yearned to return to Salou one last time to reminisce and reconnect with old friends, particularly Jane and Gary Price, whom she met during their travels.



Pat and Ken on a return trip in the 1990's

Pat's journey to Salou was made even more special by reuniting with Conixia, the former receptionist at the CYE Apartments. Conixia had worked at the apartments for over 20 years and shared a special bond with Pat and Ken during their visits. Upon hearing about Pat's trip, Conixia travelled from the mountains to the coastal town to visit Pat.

Despite never having flown before, Pat bravely decided that now was the perfect time to check off this adventure from her bucket list.

"This heartwarming initiative highlights Chetwynd House's commitment to providing personalized and enriching experiences for its residents, ensuring that their wishes and dreams are honoured and fulfilled." said Danielle Clarke, Activities and Well-being Lead.

"That I am over here when I never thought I would be again means more than anyone could possibly realize. I'm so thankful that my wish was chosen, and that Chetwynd House has given me these wonderful memories," said Pat. "It's been emotional being here without Ken and seeing friends who I didn't think I'd get the chance to again, but also to see places that held so many wonderful memories for us. I will never be able to thank them enough for this."



THE OLD VICARAGE RESIDENTS SHINE IN COMMUNITY CLEANUP

Residents of The Old Vicarage Care Home in Clay Cross showcased their commitment to community engagement and environmental commitment by actively participating in a local litter picking event. The initiative, organized in collaboration with their local community, not only demonstrated The Old Vicarage's dedication to social responsibility but also highlighted their status as finalists for multiple categories in the prestigious National Care Home Awards 2024.

Residents and team eagerly joined forces with members of the local community for a successful litter picking event around Clay Cross. Their collective efforts resulted in a significant impact, with participants working diligently to ensure the cleanliness and beauty of their neighbourhood.

The event served as a testament to The Old Vicarage's commitment to community involvement and environmental sustainability, values that have earned them recognition as finalists in several categories for the National Care Home Awards 2024. The home has been acknowledged for their dedication to wellbeing as finalists for 'Best for Wellbeing,' recognised as an outstanding care provider within a group under the category of 'Outstanding Care Provider in a Group,' and celebrated for their sustainability efforts as part of Adept Care Homes' 'Best Sustainability Initiative.'

"It was a fantastic morning," remarked a member of The Old Vicarage team. "We truly enjoyed coming together with our friends from the community to contribute to the wellbeing of our local area."

"We are honoured to be recognised as finalists in multiple categories for the National Care Home Awards," said Jordele Folkes, Home Manager at The Old Vicarage. "These nominations reflect our ongoing commitment to providing exceptional care, promoting wellbeing, and making a positive impact in our community and beyond."



The Old Vicarage Care Home extends its heartfelt gratitude to their local community and all participants for their invaluable contributions to the success of the litter picking event.



BOWOOD COURT CQC GOOD PARTY

Residents and team at Bowood Court Care Home in Enfield, Redditch held a lavish party to celebrate, following their latest inspection by industry watchdog the Care Quality Commission (CQC).



Residents and the team at Bowood Court enjoyed the celebration with live entertainment from Susan Berry, party games, food, and topped off with a glass or two of champagne.

Inspectors made an unannounced visit to Bowood Court Care Home earlier in the year, where they spoke with residents, relatives, and team members, as well as reviewed care records. The care home received an overall "Good" in the inspection report and stated that "residents were supported to have maximum choice and control of their lives and team support them in their best interests."



"What a wonderful afternoon, the entertainment was superb, and the team deserves this for all their hard work, they always make sure we are well cared for and want for nothing," said Kath, a resident.



"It's so wonderful to see the residents and team having so much fun. Everyone enjoyed the celebration and the delicious cakes. We are delighted with our latest CQC inspection report. The report reflects our team's hard work and dedication, ensuring our residents enjoy a safe, caring, and comfortable environment, helping to make Bowood Court Care Home a superb place to live or work!" said Tracy O'Sullivan, Bowood Court Home Manager.



COOKING UP A STORM AT DOUGLAS COURT

Gilles Laurent (59), a resident at Douglas Court Care Home in Derby who is passionate about food and worked as a chef at Bistro Pierre has been cooking up a storm in the kitchen thanks to the Care Homes Make A Wish program.

As part of Douglas Court & Adept Care Home's Make a Wish initiative, which encourages residents to share their wishes, no matter how big or small, Gilles wrote his wish down and gave it to the Wellbeing Team. Every month at least one resident is picked at random to see their wish come true.



Gilles expressed his desire to be the home's Head Chef for a day, a wish that was granted with heartfelt enthusiasm.

Gilles's wish day began with a morning spent in the home's kitchen, where he joined forces with Hazel, the resident caterer, to show off his skills and techniques in culinary arts. Together, they embarked on the task of creating a delicious Chilli Con Carne dish to be enjoyed by the entire community at lunchtime.

"Gilles absolutely loved his time in the kitchen, cooking alongside Hazel," said Naomi Jones, Hospitality Manager. "His passion and enthusiasm was contagious, and it was a joy to witness."

After a morning of hard work and culinary creativity, Gilles proudly presented his homemade Chilli Con Carne dish to the Douglas Court residents for the official taste test during the lunchtime meal. The dish received rave reviews from all who tasted it, with many praising Gilles for his talent and skill in the kitchen.

"We absolutely loved the meal, and thought Gilles did an excellent job as Head Chef for the day," remarked one resident. "His passion and dedication were evident in every bite, and we can't wait to enjoy many more of his tasty recipes in the future."

Gilles is now set to join the kitchen team once a month in a day being fondly referred to as 'Bistro Gilles' to create more culinary masterpieces for everyone to enjoy.

The Make A Wish initiative at Douglas Court Care Home embodies the home's commitment to providing personalised and enriching experiences for its residents, ensuring that their wishes and dreams are honoured and fulfilled. Gilles's memorable day as Head Chef serves as a testament to the power of compassion, dignity, and joy in enhancing the lives of those in care.

HARRIER HOUSE HOSTS LORD MAYOR FOR LUNCH

Harrier House Care Home in Hucknall was honoured to welcome the esteemed Lord Mayor of Nottingham, Cllr Carole McCulloch for a delightful visit and lunch with the residents.

The highlight of the visit was a scrumptious lunchtime meal, where everyone gathered in the lavish dining room to savour a delectable roasted gammon dinner. The Lord Mayor graciously joined in the festivities, engaging in heartfelt conversations, and sharing laughter with residents she frequently hosts at her Charity Lord Mayor's Tea Dance in the main ballroom at Nottingham Council House.



Before the afternoon's entertainment commenced, the Lord Mayor was treated to a tour of Harrier House, where she had the opportunity to explore the home's warm and inviting atmosphere. Colin, one of our residents, even had the chance to don the Lord Mayor's distinguished chain of office, adding an extra touch of regal flair to the occasion.

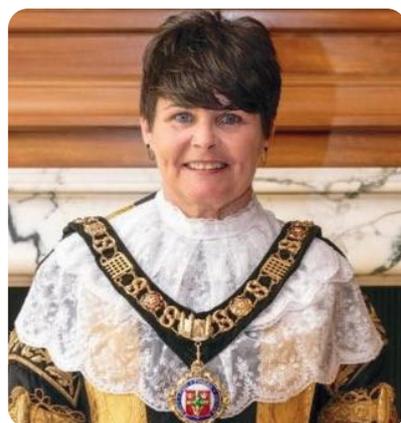
"It was a great afternoon," remarked a member of the Harrier House team. "We cannot wait to see her again for the next tea dance soon."

The visit was a testament to the strong sense of community and connection fostered at Harrier House. Residents and staff alike cherished the opportunity to welcome such a distinguished guest into their home, and they eagerly anticipate her return.

"We were delighted to meet the Lord Mayor of Nottingham," said Samantha Kavanagh, Home Manager at Harrier House. "Her visit brought immense joy to our residents, and we look forward to welcoming her back soon."



Harrier House Care Home extends its heartfelt gratitude to the Lord Mayor of Nottingham for gracing them with her presence, and they eagerly await future opportunities to host her once again.



GARDENING CLUB LAUNCHES & MYSTERY SEED

Residents eagerly sprang into action to cultivate their green thumbs at the launch of the highly anticipated Gardening Clubs for 2024. Led by groundskeeper Richard Mee, this beloved annual event saw residents coming together to celebrate the joys of gardening and community spirit.



Each year, the launch of the Gardening Club is marked by the planting of new seeds, symbolizing growth, renewal, and the vibrant spirit of our residents. Among the seeds planted are the sunflower seeds for the eagerly awaited sunflower growing competition, a highlight of the gardening calendar.

In addition to the sunflowers, each club received a planter containing mystery seeds, sparking excitement and anticipation among residents as they embarked on the journey of nurturing and growing their mystery plants. The mystery seed challenge added an element of intrigue and friendly competition, with the first home to correctly guess the seed once it had started to grow winning £50 for their resident's social fund.

The mystery seed challenge came with a clue: "it is a vegetable," hinting at its potential use later in the year for the annual cooking competition, further adding to the excitement and anticipation surrounding the mystery seed challenge. After just five days, Moat House residents correctly guessed the mystery seed as beetroot, showcasing their keen gardening skills.



"We are delighted to launch our Gardening Club for 2024, bringing residents together to enjoy the therapeutic benefits of gardening while fostering a sense of community and camaraderie," said Richard Mee, Groundskeeper. "The mystery seed challenge adds an extra element of fun and friendly competition, encouraging residents to get involved and flex their gardening skills."





AWARDS IN EXCELLENCE

Step back in time to the roaring 1920s at the Adept Care Homes' Adept Awards In Excellence Event, a dazzling night held on May 29th. This spectacular gala, themed around a 1920s mystery, promised an evening of glamour and intrigue for all attendees from our homes and support teams.



Harrier House claims the title of Best for Wellbeing, thanks to their dedication to enriching residents' lives through social and inspirational activities, and their Maintenance Team won "Best For Effective Communication"



Moat House shines as the Best for Community Inclusion, fostering strong connections with local community groups. Additionally, Moat House's Kitchen Team is celebrated for their dedication.

Kiwi House is celebrated for Team Commitment and Retention, reflecting their dedication to supporting and retaining staff. and Kiwi House's Care Team won "Best for Achieving Excellence."



Douglas Court earns recognition for Best in Specialist Care (Dementia Care) due to their excellence in providing specialized support, and Douglas Court's Care Team won "Best for Kindness."

Chetwynd House earns recognition for Best in Specialist Care (End of Life Care) due to their excellence in providing specialized support, and Chetwynd House's Kitchen Team won "Best for Taking Ownership."



The Old Vicarage claims the title of Best for Care Management, thanks to their outstanding leadership and organization, and The Old Vicarage's Maintenance Team won "Best for Excellence."

Bowood Court takes the crown for Best Food and Dining, thanks to their exceptional culinary services, and Bowood Court's Housekeeping & Laundry Team won "Best for Commitment."



Furthermore, we extend our gratitude to the outstanding community support provided by Chalcot Care and Creed Food Services, each receiving a special recognition award. These awards acknowledge the outstanding contributions of two of our external suppliers who have demonstrated unparalleled dedication in supporting the wellbeing of our teams and residents.



CHA CAREHOMEAWARDS WINNER

The Care Home Awards are an annual benchmark of excellence and innovation for care home management, operations and delivery, celebrating the business of owning and running care homes in the UK. The care sector is growing fast in the UK as the population ages and other special needs demands grow. These awards tease out brilliant examples of care homes, giving them due recognition and celebrating their success at a memorable occasion.

This year we are thrilled to announce we have received the prestigious gold award for **Outstanding Smaller Care Home Group** and Best For Training & Development.



Outstanding
SMALLER CARE GROUP
2024

Best for
TRAINING & DEVELOPMENT
2024

CHA
CAREHOMEAWARDS

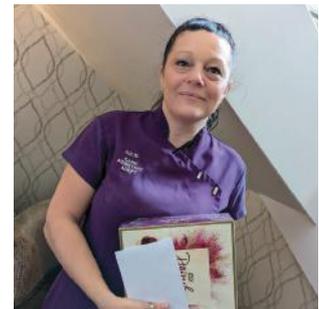
GOLD
WINNER
2024
adeptcarehomes

CHA
CAREHOMEAWARDS

WINNER
2024
adeptcarehomes

CARERS WEEK

June 10th-16th - During National Carers Week, we acknowledged the invaluable contributions of our dedicated team at our care homes. Throughout the week, we celebrated them in various ways to express our gratitude for their unwavering commitment. Traditional gifts such as wine and chocolates were personally handed out by a director, and we created a recognition wall where staff members shared notes of appreciation for their colleagues, fostering a culture of mutual respect and support. Additionally, we invested in their professional development by offering opportunities for learning and growth through guest speakers, workshops, and training sessions focused on caregiving and self-care. Furthermore, each staff member received personalized thank-you notes from our residents, recognizing their contributions and expressing heartfelt gratitude for their hard work and dedication.



VETERAN DESMOND HONOURED FOR 80TH D-DAY ANNIVERSARY

Desmond "Des" Burrows (99), a veteran and resident of Chetwynd House, delivered a reading at Southwell Minster's Evensong commemorating the 80th anniversary of D-Day.

Believed to be the oldest veteran to speak at the service, he was honoured as a guest by Colonel Nick Hile who was responsible for the Nottinghamshire D-Day 80-year celebration on June 2nd.

Col. Nick Hile had visited Mr. Burrows to extend the invitation. The military, Lieutenantcy, Royal British Legion, and the bishop were all delighted that Mr. Burrows had agreed to do the first reading. With few veterans remaining who are still able to undertake this duty, his participation was particularly meaningful.



Mr. Burrows had joined the navy in 1942 at the age of 17 and volunteered for Combined Operations despite the high risk. He trained as a signalman and electrician, serving on LCT 23 with the Canadian Commandos. Although his craft did not land on D-Day, he played a crucial role in preparations and later served in the Mediterranean campaign.



In November 1944, Mr. Burrows sustained an injury and was hospitalised. After recovering, he returned to the Navy and was discharged post-war. His story of bravery and service is a testament to the dedication of his generation.



Chetwynd House Care Home was honoured to support Mr. Burrows in this significant event, reflecting their commitment to celebrating the lives and histories of their residents.



THE OLD VICARAGE UNVEILS PUB AND BEER GARDEN FOR RESIDENTS

The Old Vicarage Care Home in Clay Cross, Chesterfield celebrated with the grand opening of its very own traditional English pub and beer garden, The Clay Cross Keys. This exciting event took place this past Sunday, marking a special moment for residents, their families, friends, and the local community.



Six months ago, the residents of The Old Vicarage Care Home expressed their wish to repurpose the old summer house nestled in the home's lavish gardens. Inspired by their enthusiasm, the activities and wellbeing teams, along with management and maintenance, embarked on a mission to transform the space into a cozy and welcoming pub.

Over the past eight months, the team has worked tirelessly, raising funds and meticulously planning the best use of the space. Their hard work and dedication culminated in the creation of The Clay Cross Keys, a charming venue that now serves as a hub of social activity and enjoyment for the residents.

The name "The Clay Cross Keys" was affectionately chosen through a resident suggestion and poll process, reflecting the collective spirit and involvement of everyone at the care home. The grand opening event was a resounding success, with attendees enjoying a delightful day in glorious weather, complete with traditional bar snacks and drinks



Jordelle Folkes, Home Manager at The Old Vicarage Care Home, expressed her gratitude and pride in the accomplishment: "This project has been a true labour of love for everyone involved. Seeing our residents' faces light up with joy as they enjoyed their new pub was incredibly rewarding. The Clay Cross Keys is a testament to what we can achieve when we come together as a community."

The grand opening featured a ribbon-cutting ceremony, with residents, team, and guests celebrating the new addition to the home. The pub not only provides a wonderful space for socialising but also fosters a sense of community and belonging among residents.

WE EXPLORE INNOVATION OF CULINARY EXCELLENCE AT ANNUAL FOOD FESTIVAL

Our head chefs recently joined our esteemed food service supplier, Creed Food Services, at the highly anticipated annual Food Festival. Bringing together a collective of innovative manufacturers and suppliers, showcasing fresh ideas and products specifically designed for the care sector.

The festival, renowned for its vibrant atmosphere and cutting-edge culinary offerings, provided a unique opportunity for the chefs to explore a wide array of new products and methods. The chefs found the experience to be both enlightening and inspiring, gaining valuable insights to further enhance their dining and hospitality services.



Creed Food Services, known for its commitment to excellence in the food service industry, organised the festival to foster creativity and collaboration among its partners. The event featured interactive demonstrations, tastings, and networking opportunities, all aimed at driving innovation in care home dining.

"We are always seeking ways to improve the dining experience for our residents," said one of the head chefs. "The Food Festival allowed us to discover innovative ingredients and techniques that will undoubtedly further elevate the quality and variety of our meals."

"We are thrilled to have our chefs participate in Creed's Food Festival," said Naomi Jones, Adept's Hospitality Manager. "Their dedication to providing exceptional meals is evident, and this festival has equipped them with new tools and inspiration to continue delivering outstanding culinary experiences."



The chefs returned from the festival with a renewed passion for their craft, ready to implement the innovative ideas they encountered. This collaboration with Creed Food Services underscores our commitment to offering superior dining experiences and maintaining the highest standards of hospitality for their residents.

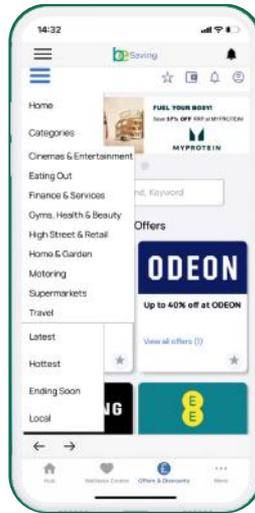
CREED
FOOD
FESTIVAL

OUR TEAM

WELCOMING OUR TEAM TO OUR NEW BENEFITS APP



SCAN ME



BENEFITS

We're thrilled to announce the launch of our brand new benefits and discounts app, **Be Saving**. Everything you need, right at your fingertips!

If you haven't accessed your account yet, please register through your benefits platform website prior to downloading the app.

NEW FACES

Join us in giving the warmest welcome to our team members:



Michelle Chambers
Admissions
Manager



Lauren Cottam
Training
Assistant



Sophie Hollyoak
Operations
Assistant



Carla Kirkham
Chetwynd House
Manager

Adept proudly supports the Care Workers Charity, dedicated to providing financial assistance to current and former care workers in need. We'd like to encourage our Team Members to confidentially speak with their manager about how to access these financial grants.



the
care
workers
charity

Don't forget to apply for one of our payday loans which are interest free, now up to £2000. Contact your Home Manager for more details or to apply

CONTACT US

adeptcarehomes

For further information about any features in this newsletter, or to suggest future stories, please contact your **Home Manager** or

Marketing Manager Maree

☎ 07342 167334

✉ marketingmanager@adeptcarehomes.co.uk

Adept Care Homes use photos from events on social media and to publicise our home.

If you would prefer for you or members of your group not to be photographed, please speak to Maree

**Follow us on
Facebook &
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Don't forget to sign up to our text message service.

We'll text you important information such as key dates and door code changes.

Please speak to your Home Manager to be added to our list

Sign up for our email newsletter, delivered right to your inbox. Scan the code below.



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