

## Hairdresser

The hairdresser visits weekly. Come and have your hair done!

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## Film Club

Join us and watch your favourite musical or classic movie

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## Don't miss the Weekly Sparkle.

A copy can be found in our reception area.

Enjoy!

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One-to-one visits are arranged throughout the week for residents who are unable to, or choose not to, participate in group activities.

In addition, there is a selection of reading material including books, magazines and newspapers available. CD's, DVD's and table top games such as cards, dominos, scrabble and draughts are available in the lounges for residents and relatives to help themselves.

**Just Ask, if you can't find them.**



# Monthly Social Programme December 2017

 Website: [adeptcarehomes.co.uk](http://adeptcarehomes.co.uk)

 Facebook: [facebook.com/BowoodCourtMewsCareHome](https://facebook.com/BowoodCourtMewsCareHome)



Day	Date	Morning	Afternoon
Friday	22	Skittles	Sparkle Chit Chat
Saturday	23	Scatter Pack	Movie Afternoon
Sunday	24		
Monday	25	<b>Christmas Day</b>	
Tuesday	26	Arts & Crafts	Christmas Quiz
Wednesday	27	Bingo	Pamper Afternoon
Thursday	28	C of E Service / Trip	<b>Barry Jukes</b>

Day	Date	Morning	Afternoon
Friday	1	<b>Church Service</b>	Weekly Sparkle
Saturday	2	Games r us	Movie Afternoon
Sunday	3	1-2-1's	Birthday Tea Party
Monday	4	Skittles	Keep Fit/ Bingo
Tuesday	5	Hoopla	<b>Gaynor Sings</b>
Wednesday	6	Darts	Pamper Afternoon
Thursday	7	Day Trip	

Day	Date	Morning	Afternoon
Friday	8	<b>Catholic Service</b>	Quiz Afternoon
Saturday	9	Sparkle Chit Chat Club	1-2-1
Sunday	10	Snakes & Ladders	<b>Rock Choir</b>
Monday	11	Dominoes	Keep Fit/ Bingo
Tuesday	12	Baking	Rob Wilson
Wednesday	13	1-2-1	<b>N E Production Panto</b>
Thursday	14	Trip	

Day	Date	Morning	Afternoon
Friday	15	Arts & Crafts	The Price is Right
Saturday	16		
Sunday	17	Weekly Sparkle	Quiz Afternoon
Monday	18	Sing-a-Long	Keep Fit / Bingo
Tuesday	19	Target Games	Baking
Wednesday	20	1-2-1	<b>Christmas Party</b>
Thursday	21	Trip	