

Hairdresser

The hairdresser visits every Monday and Wednesday. Come and have your hair done!



Movie Afternoon

Join us and watch your favourite musical or classic movie

Don't miss the weekly sparkle.

A copy can be found in our reception area.

Enjoy!

One-to-one visits are arranged throughout the week for residents who are unable to, or choose not to, participate in group activities.

In addition, there is a selection of reading material including books, magazines and newspapers available. CD's, DVD's and table top games such as cards, dominos, scrabble and draughts are available in the lounge for residents and relatives to help themselves.

Just Ask, if you can't find them



Monthly Social Programme December 2017

 Website: adeptcarehomes.co.uk

 Facebook: facebook.com/TheKnowlesCareHome

This Months Special Events

Enter date here	Enter event details here
Enter date here	Enter event details here
Enter date here	Enter event details here
Enter date here	Enter event details here
Enter date here	Enter event details here

Family and friends are all very welcome

All activities are subject to change

Afternoon							
Morning							
Date	29	30	31				
Day	Friday	Saturday	Sunday				

Day	Date	Morning	Afternoon
Friday	22		
Saturday	23		
Sunday	24		
Monday	25		
Tuesday	26		
Wednesday	27		
Thursday	28		

Day	Date	Morning	Afternoon
Friday	1		
Saturday	2		
Sunday	3		
Monday	4		
Tuesday	5		
Wednesday	6		
Thursday	7		

Day	Date	Morning	Afternoon
Friday	8		
Saturday	9		
Sunday	10		
Monday	11		
Tuesday	12		
Wednesday	13		
Thursday	14		

Day	Date	Morning	Afternoon
Friday	15		
Saturday	16		
Sunday	17		
Monday	18		
Tuesday	19		
Wednesday	20		
Thursday	21		