adeptcarehomes Bowood Court

Monthly Social & Wellbeing Programme

June 2018

Fun to Come

Resident Clubs & Social Groups

Why not learn a new hobby or continue a favoured interest by joining us in our selection of clubs and groups

At

The Bowoods

Gardening Group

-

Daily Sparkle

-

Bingo

Excursions

Bowood Court & Mews has the luxury of owning a minibus resulting in regular excursions to local shops, places of interest or meals out.

If you would like to make a suggestion where we can go next speak to one of the activities coordinators so we can included your suggestions in future programmes.

Website: adeptcarehomes.co.uk

Facebook: facebook.com/BowoodCourtMewsCareHome/

Phone: 01527 65115

Address: Hewell Road, Enfield, Redditch, Worcestershire, B97 6AT

Additional Activities

Hairdresser

The hairdresser visits weekly. Please ask for details.

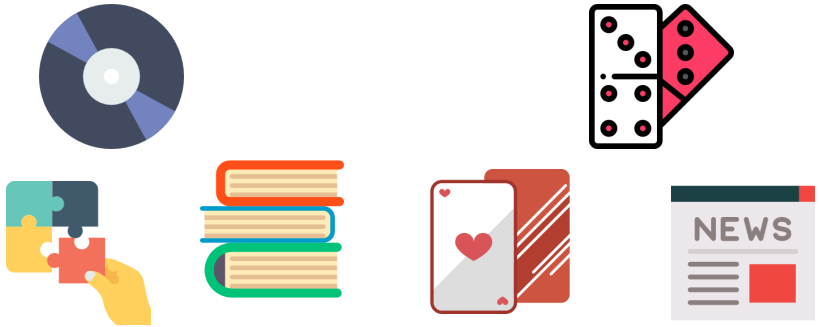
Cinema Days

Movies can be viewed in any of our lounges.

The Weekly Sparkle

Copies can be found throughout our home for your enjoyment.

Also available in the lounge for residents and relatives to help themselves are a selection of reading material and games.



Just Ask, if you can't find them

This month's Special Events

Thursday 14th June

Cupcake Day / Alzheimer's Society

Highlighted blue on the calendar

Tuesday 19th June

Royal Ascot Horse Racing

Highlighted green on the calendar

Razzle and Dazzle

We look forward to a visit from our local entertainers

Barry Jukes - Friday 1st June

Gaynor Singer - Sundar 3rd June

Poppy Sisters - Saturday 16th June

Highlighted gold on the calendar

Highlighted events are this months specials.

Coloured text are your favoured clubs and social groups.

Bowood Court

Week 1

Day	Date	Morning	Afternoon
FRI	1	Tim Church Service	Barry Jukes
SAT	2	Film Morning	Dominoes
SUN	3	Price is Right	Gaynor Singer
MON	4	Bingo	Exercise
TUE	5	Trip	Trip
WED	6	Snakes / Ladders	Daily Sparkle
THU	7	Pet Therapy	Card Game

Week 2

Day	Date	Morning	Afternoon
FRI	8	Dominoes	Daily Sparkle
SAT	9	Coffee Morning	Sherry Morning
SUN	10	Snakes / Ladders	Higher / Lower
MON	11	Bingo	Exercise to Music
TUE	12	Higher / Lower Trip	Darts
WED	13	Sing-a-long	Out in the Garden
THU	14	Cupcake Day / Alzheimer's Society	Cupcake Day

Family and friends are all very welcome

All activities are subject to change

Week 3

Day	Date	Morning	Afternoon
FRI	15	Daily Sparkle	Gardening Group
SAT	16	Trip to Redditch	Poppy Sisters
SUN	17	Sherry Morning / Father's Day	Quiz / Father's Day
MON	18	Bingo	Quiz
TUE	19	Royal Ascot / Trip / Hat Making	Royal Ascot Horse Racing
WED	20	Pamper	Pamper
THU	21	Higher / Lower	Darts

Week 4

Day	Date	Morning	Afternoon
FRI	22	Bingo	Exercises to Music
SAT	23	Snakes / Ladders	Chit Chat
SUN	24	Pot of Tea in the Garden	Dominoes
MON	25	Sing-a-long	Sherry Afternoon
TUE	26	Cooking / Trip	Zoo Lab (Mews–2 pm)
WED	27	Daily Sparkle	Dominoes
THU	28	Church of England Service	Sing-a-long

Week 5

Day	Date	Morning	Afternoon
FRI	29	High Tea	High Tea
SAT	30	Gardening Group	Sherry Morning