adeptcarehomes

Kiwi House

Monthly Social & Wellbeing Programme January 2019

WE HAD A WONDERFUL TIME AT OUR CHOIR COMPETITION, WINNING THE 'BEST SMALL CHOIR' AWARD

Resident Clubs & Social Groups

Why not learn a new hobby or continue a favoured interest by joining us in our selection of clubs and groups?

Church Service

Oomph

Baking

Ladies Club

Men's Club

This Months Special Events

Oomph Relaxation
Every Monday

Highlighted blue on the calendar

Around the World – Scotland
Burns Day
Friday 25th

Highlighted green on the calendar

Razzle and Dazzle

We look forward to a visit from our local entertainers

Helen Hagan - Tuesday 1st, 8th, 15th, 22nd, 29th

Highlighted events are this months specials.

Coloured text are your favoured clubs and social groups.

Lower Floor

WEEK 1

Day	Date	Morning	Afternoon
TUE	1	Helen Hagan	Games Afternoon
WED	2	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	3	Oomph Exercise, Bingo	Movie Afternoon
FRI	4	Sing-Along	Dominos
SAT	5	Baking	Ladies Club
SUN	6	Church Service at St Mary's Boulton Lane	Sherry Afternoon
MON	7	Arts & Crafts	Oomph Relaxation, Knitting Afternoon

WEEK 2

Day	Date	Morning	Afternoon
TUE	8	Helen Hagan	Games Afternoon
WED	9	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	10	Movie Morning	Oomph Exercise, Bingo
FRI	11	Puzzle Morning	Bingo
SAT	12	Baking	Men's Club
SUN	13	Church Service at St Mary's Boulton Lane	Sherry Afternoon
MON	14	Oomph Relaxation, Knitting Morning	Arts & Crafts

Family and friends are all very welcome

All activities are subject to change

WEEK 3

Day	Date	Morning	Afternoon
TUE	15	Helen Hagan	Games Afternoon
WED	16	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	17	Oomph Exercise, Bingo	Movie Afternoon
FRI	18	Sing-Along	Puzzle Afternoon
SAT	19	Baking	Ladies Afternoon
SUN	20	Church Service at St Mary's Boulton Lane	Sherry Afternoon
MON	21	Oomph Relaxation, Knitting Morning	Arts & Crafts

WEEK 4

Day	Date	Morning	Afternoon
TUE	22	Helen Hagan	Games Afternoon
WED	23	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	24	Oomph Exercise, Bingo	Movie Afternoon
FRI	25	Around the World – Scotland Burns Day	Around the World -Scotland Burns Day
SAT	26	Baking	Men's Afternoon
SUN	27	Church Service at St Mary's Boulton Lane	Sherry Afternoon
MON	28	Oomph Relaxation, Knitting Morning	Arts & Crafts

WEEK 5

Day	Date	Morning	Afternoon
TUE	29	Helen Hagan	Games Afternoon
WED	30	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	31	Movie Morning	Oomph Exercise, Bingo

Highlighted events are this months specials.

Coloured text are your favoured clubs and social groups.

Middle Floor

WEEK 1

Day	Date	Morning	Afternoon
TUE	1	Helen Hagan	Puzzle Afternoon
WED	2	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	3	Oomph Exercise, Arts & Crafts	Bingo
FRI	4	Sing-Along	Cinema
SAT	5	Baking	Ladies Club
SUN	6	Church Service at St Mary's Boulton Lane	Sherry Afternoon
MON	7	Oomph Relaxation, Dominos	Arts & Crafts

WEEK 2

Day	Date	Morning	Afternoon
TUE	8	Helen Hagan	Puzzle Afternoon
WED	9	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	10	Bingo	Oomph Exercise, Arts & Crafts
FRI	11	Games Morning	Cinema
SAT	12	Baking	Men's Club
SUN	13	Church Service at St Mary's Boulton Lane	Sherry Afternoon
MON	14	Arts & Crafts	Oomph Relaxation, Dominos

Family and friends are all very welcome

All activities are subject to change

WEEK 3

Day	Date	Morning	Afternoon
TUE	15	Helen Hagan	Puzzle Afternoon
WED	16	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	17	Oomph Exercise, Arts & Crafts	Bingo
FRI	18	Sing-Along	Cinema
SAT	19	Baking	Ladies Club
SUN	20	Church Service at St Mary's Boulton Lane	Sherry Afternoon
MON	21	Oomph Relaxation, Dominos	Arts & Crafts

WEEK 4

Day	Date	Morning	Afternoon
TUE	22	Helen Hagan	Puzzle Afternoon
WED	23	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	24	Oomph Exercise, Bingo	Bingo
FRI	25	Around the World – Scotland Burns Day	Around the World – Scotland Burns Day
SAT	26	Baking	Men's Club
SUN	27	Church Service at St Mary's Boulton Lane	Sherry Afternoon
MON	28	Arts & Crafts	Oomph Relaxation, Dominos

WEEK 5

Day	Date	Morning	Afternoon
TUE	29	Helen Hagan	Puzzle Afternoon
WED	30	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	31	Oomph Exercise, Bingo	Bingo

Highlighted events are this months specials.

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Upper Floor

WEEK 1

Day	Date	Morning	Afternoon
TUE	1	Helen Hagan	Sensory Afternoon
WED	2	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	3	Cinema Morning	Oomph Exercise, Games Afternoon
FRI	4	Sing-Along	Pamper Afternoon
SAT	5	Baking	Ladies Club
SUN	6	Church Service at St Mary's Boulton Lane	Sherry Afternoon, Cinema
MON	7	Oomph Relaxation, Arts & Crafts	Bingo

WEEK 2

Day	Date	Morning	Afternoon
TUE	8	Helen Hagan	Parachute Fun
WED	9	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	10	Oomph Exercise, Games Morning	Sensory Afternoon
FRI	11	Pamper Morning	Reminiscence
SAT	12	Baking	Men's Club
SUN	13	Church Service at St Mary's Boulton Lane	Sherry Afternoon, Cinema
MON	14	Sing-Along	Oomph Relaxation, Arts & Crafts

Family and friends are all very welcome

All activities are subject to change

WEEK 3

Day	Date	Morning	Afternoon
TUE	15	Helen Hagan	Parachute Fun
WED	16	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	17	Bingo	Oomph Exercise, Games Afternoon
FRI	18	Sing-Along	Pamper Afternoon
SAT	19	Baking	Ladies Club
SUN	20	Church Service at St Mary's Boulton Lane	Sherry Afternoon, Cinema
MON	21	Cinema Morning	Oomph Relaxation, Arts & Crafts

WEEK 4

Day	Date	Morning	Afternoon
TUE	22	Helen Hagan	Parachute Fun
WED	23	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	24	Sensory Morning	Oomph Exercise, Games Afternoon
FRI	25	Around the World – Scotland Burns Day	Around the World – Scotland Burns Day
SAT	26	Baking	Men's Club
SUN	27	Church Service at St Mary's Boulton Lane	Sherry Afternoon, Cinema
MON	28	Oomph Relaxation, Arts & Crafts	Games Afternoon

WEEK 5

Day	Date	Morning	Afternoon
TUE	29	Helen Hagan	Parachute Fun
WED	30	Church Service at St Mary's Boulton Lane	Pub Quiz
THU	31	Oomph Exercise, Games Morning	Reminiscence

Additional Activities

Hairdresser

The hairdresser visits weekly. Please ask for details.

Cinema

Open daily on the middle floor.

The Woolpack

Our in house pub, located on the middle floor.

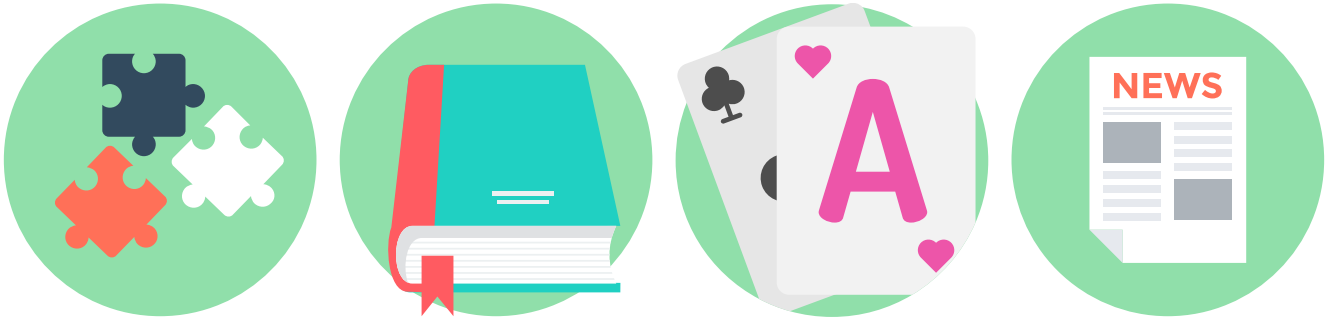
Corner Shop

Our Corner Shop is open and available for residents to purchase everyday goods, also every Tuesday afternoon Kiwi's shop trolley visits each lounge.

The Weekly Sparkle

Copies can be found throughout our home for your enjoyment.

Also available in the lounge for residents and relatives to help themselves are a selection of reading material and games.



Just ask, if you can't find them

Excursions

Kiwi House has the luxury of owning a minibus resulting in regular excursions to local shops, places of interest or meals out.
If you would like to make a suggestion where we can go next speak to one of the activities coordinators so we can include your suggestions in future programmes.

Website: adeptcarehomes.co.uk
Facebook: facebook.com/KiwiHouseCareHome/
Phone: 01332 755892
Address: Coleman Street, Derby, DE24 8NL

FUN WE HAD

Meet some of our Activities Team, Sam and Peynton, looking great in brand new uniforms!

Well done to our wonderful resident choir who won the award for best small choir in our competition.