adeptcarehomes

The Old Vicarage

Monthly Social & Wellbeing Programme January 2019

WE HAD A WONDERFUL TIME AT OUR CHOIR COMPETITION, WINNING THE 'BEST VOCALS' AWARD

Resident Clubs & Social Groups

Why not learn a new hobby or continue a favoured interest by joining us in our selection of clubs and groups?

Craft Club

Oomph

Knit & Natter

Book Club

Cooking Club

Chit Chat Club

Gardening Club

This Months Special Events

Oomph Art
Every Saturday

Highlighted blue on the calendar

Afternoon Tea
Saturday 5th and 26th

Highlighted green on the calendar

Razzle and Dazzle

We look forward to a visit from our local entertainers

Boogie Beats - Friday 18th

Singer Natalie Walker - Monday 21st

Helen Hagan - Friday 25th

Highlighted events are this months specials.

Coloured text are your favoured clubs and social groups.

WEEK 1

Day	Date	Morning	Afternoon
TUE	1	Craft Club	Oomph Relax
WED	2	Knit & Natter	Dominos
THU	3	Book Club	Cooking Club
FRI	4	Chit Chat Club	Parachute Games
SAT	5	Oomph Art	Afternoon Tea
SUN	6	Gardening Club	Pamper Afternoon
MON	7	Oomph Music	Reminiscence

WEEK 2

Day	Date	Morning	Afternoon
TUE	8	Craft Club	Oomph Relax
WED	9	Knit & Natter	Bowling
THU	10	Book Club	Cooking Club
FRI	11	Chit Chat Club	Oomph Exercise
SAT	12	Oomph Art	Oomph Relax
SUN	13	Gardening Club	Target Game
MON	14	Oomph Music	Reminiscence

Family and friends are all very welcome

All activities are subject to change

WEEK 3

Day	Date	Morning	Afternoon
TUE	15	Craft Club	Oomph Relax
WED	16	Knit & Natter	Sparkle Quiz
THU	17	Book Club	Cooking Club
FRI	18	Boogie Beats	Oomph Exercise
SAT	19	Oomph Art	Music Quiz
SUN	20	Gardening Club	Pamper Afternoon
MON	21	Singer Natalie Walker	Reminiscence

WEEK 4

Day	Date	Morning	Afternoon
TUE	22	Craft Club	Oomph Relax
WED	23	Knit & Natter	Puzzles
THU	24	Book Club	Cooking Club
FRI	25	Helen Hagan	Church Service
SAT	26	Oomph Art	Afternoon Tea
SUN	27	Gardening Club	Card Games
MON	28	Oomph Music	Reminiscence

WEEK 5

Day	Date	Morning	Afternoon
TUE	29	Craft Club	Oomph Relax
WED	30	Knit & Natter	Board Games
THU	31	Book Club	Cooking Club

Additional Activities

Hairdresser

The hairdresser visits weekly. Please ask for details.

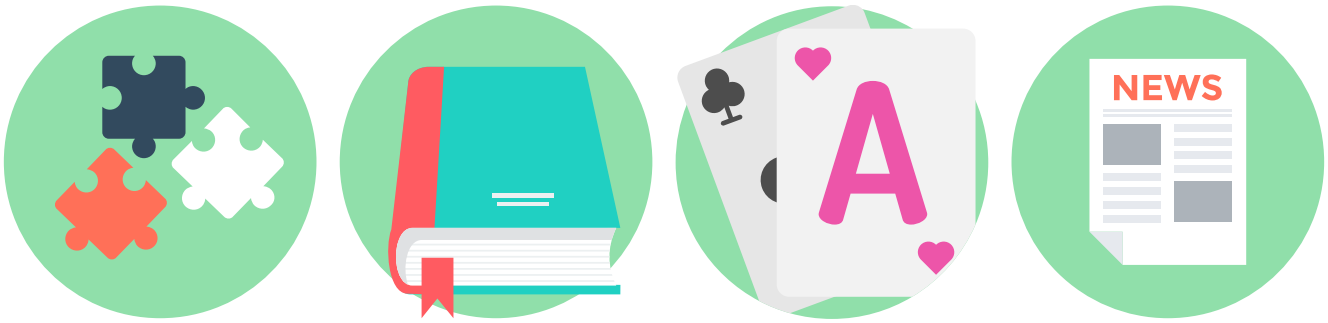
Cinema Days

Movies can be viewed in any of our lounges.

The Weekly Sparkle

Copies can be found throughout our home for your enjoyment.

Also available in the lounge for residents and relatives to help themselves are a selection of reading material and games.



Just ask, if you can't find them

Excursions

The Old Vicarage has access to its sister home's minibus resulting in regular excursions to local shops, places of interest or meals out.

If you would like to make a suggestion where we can go next speak to one of the activities coordinators so we can include your suggestions in future programmes.

Website: adeptcarehomes.co.uk

Facebook: facebook.com/OldVicarageCareHome/

Phone: 01246 866770

Address: Stretton Road, Clay Cross, Chesterfield, Derbyshire, S45 9AQ

FUN WE HAD

We had a lovely time at a screening of White Christmas last week