

Activity Programme

July 2019



Saturday 13th July 2-4pm

Join us for our annual summer fete. Meet the lord mayor who is opening the fete this year. Lots of fun and games and plenty of prizes to be won.

Social Clubs

Try something new



Knit & Natter



Gardening Club



Arts & Crafts



Baking Club

Special Events

**USA Day
Thursday 4th at 11am
Lounge 3
Celebration of the USA Gaining
Their Independence in 1776**



**Cheese Board & Sherry Afternoon
Wednesday 17th at 2pm
Lounge 2
It's That Time Again for Us to Enjoy a
Few Cheesy Snacks With a Small Glass
of Sherry**

Our Entertainers and Visitors

**Creative Mojo - Wednesday 24th at 2pm, Lounge 2, Everyone Is Welcome
to Come and Create a Piece of Art to Decorate the Home**

**Russell Smith - Singer - Monday 29th at 2pm, Lounge 1, Bringing
Us the Hits From the Golden Oldies**

Additional Activities

Cinema Days

Movies can be viewed in any of our lounges.

Our Local Paper, The Weekly Sparkle

Copies can be found throughout our home for your enjoyment.

Happy Birthday
Geoffrey from All at
Adept



Also available in the lounge for residents and relatives to help themselves are a selection of reading material and games.

Excursions

The Knowles has access to the company minibuses resulting in regular excursions to local shops, places of interest or meals out. If you would like to make a suggestion where we can go next speak to one of the activities coordinators so we can include your suggestions in future programmes.



Website: adeptcarehomes.co.uk

Facebook: facebook.com/TheKnowlesCareHome/

Phone: 02476 460148

Address: 6 Duggins Lane, Tile Hill Village, Coventry, CV4 9GN

Events

Day	Date	Morning	Afternoon
Mon	1st	Knit & Natter, 11am, Lounge 1	All About You, 2pm, Lounge 2
Tue	2nd	Gardening Club, 11am	Pamper Afternoon, 2pm, Lounge 2
Wed	3rd	Romila Exercise, 11am, Lounge 1	Arts & Crafts, 2pm, Lounge 2
Thu	4th	USA Day, 11am, Lounge 3	Baking Club, 2pm, Lounge 1
Fri	5th	Floor Games, 11am, Lounge 2	Arts & Crafts, 2pm, Lounge 2
Sat	6th	Group Quiz, 11am, Lounge 1	Afternoon Walk, 2pm, Local Area
Sun	7th	Giant Cards, 11am, Lounge 2	Reminiscent Session, 2pm, Lounge 1
Mon	8th	Dominoes, 11am, Lounge 1	Movie Afternoon, 2pm, Lounge 2
Tue	9th	Group Quiz, 11am, Lounge 2	Scrabble, Board Games, 2pm, Lounge 1
Wed	10th	Floor Games, 11am, Lounge 2	Knit & Natter, 2pm, Lounge 2
Thu	11th	Gardening Club, 11am	All About You, 2pm, Lounge 1
Fri	12th	Pamper Session, 11am, Lounge 2	Reminiscence Session, 2pm, Lounge 1
Sat	13th	Summer Fete, 2pm, Lots of Fun and Games to Be Had, Raffle With Lots of Goodies to Be Won	
Sun	14th	Arts & Crafts, 11am, Lounge 2	Romila Exercise, 2pm, Lounge 1

Family and friends are all very welcome

Day	Date	Morning	Afternoon
Mon	15th	Morning Walk, 11am, Local Area	Parachute Fun, 2pm, Lounge 1 & 2
Tue	16th	Baking Club, 11am, Lounge 2	Pamper Session, 2pm, Lounge 1
Wed	17th	Romila Exercise, 11am, Lounge 1	Cheese Board & Sherry Afternoon, 2pm, Lounge 2
Thu	18th	Scrabble, Board Games, 11am, Lounge 2	All About You, 2pm, Lounge 1
Fri	19th	Group Quiz, 11am, Lounge 2	Knit & Natter, 2pm, Lounge 1 & 2
Sat	20th	Gardening Club, 11am	Arts & Crafts, 2pm, Lounge 1
Sun	21st	Dominoes, 11am, Lounge 2	Floor Games, 2pm, Lounge 1
Mon	22nd	Parachute Games, 11am, Lounge 1 & 2	Afternoon Tea, 2pm, Lounge 2
Tue	23rd	Scrabble, Board Games, 11am, Lounge 1	All About You, 2pm, Lounge 2
Wed	24th	Floor Games, 11am, Lounge 1	Creative Mojo, 2pm, Lounge 2
Thu	25th	Dominoes, 11am, Lounge 2	Gardening Club, 2pm
Fri	26th	Baking Club, 11am, Lounge 2	Pamper Session, 2pm, Lounge 1
Sat	27th	Romila Exercise, 11am, Lounge 2	Knit & Natter, 2pm, Lounge 2
Sun	28th	Group Quiz, 11am, Lounge 1	Scrabble, Board Games, 2pm, Lounge 2
Mon	29th	Floor Games, 11am, Lounge 2	Russell Smith - Singer, 2pm, Lounge 1
Tue	30th	Dominoes, 11am, Lounge 1	Pamper Session, 2pm, Lounge 2
Wed	31st	Gardening Club, 11am	Movie Afternoon, 2pm, Lounge 2

Subject to change due to residents choice



Some of our fabulous team members receiving a small token of our appreciation this Carers Week!



The Knowles wins Quality Care at the Adept Awards Event



FUN WE HAD



A fabulous cupcake making morning as we celebrated Alzheimer's Society's Cupcake Day!



Well done Sandra our Employee of the Month



Here's Scott from our maintenance team who always makes time to chat with residents "Being hands on makes this job so enjoyable"