

Activity Programme

August 2019

Spanish Themed Day

JOIN
US



Tuesday 6th August

Join us for a day of spanish themed
activities, entertainment and food

Social Clubs

Try something new



Gardening Club



Arts & Crafts



Baking Club



Knit & Natter

Special Events

**Trip to Rosebourne Garden Centre
Wednesday 14th at 2pm-4pm
Lounge 1**



**Picnic at Jephson Gardens
Wednesday 28th at 10am-3pm
Lounge 1**

Our Entertainers and Visitors

**Spanish Themed Day With a Spanish Singer - Tuesday 6th at 2pm,
Lounge 1 & 2**

Creative Mojo, 2:30pm, Lounge 2 - Friday 23rd



Additional Activities

Cinema Days

Movies can be viewed in any of our lounges.

Our Local Paper, The Weekly Sparkle

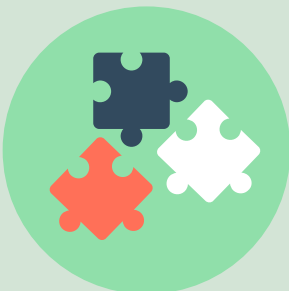
Copies can be found throughout our home for your enjoyment.

Happy Birthday Edith
from All at Adept

Resident & Relative Meeting

Tuesday August 13th 2-3pm, Followed by a Dementia Workshop
3-4pm

Come along and join our friendly team to hear the latest news and updates. It is also a great opportunity to discuss any new ideas, suggestions or concerns with the team. We welcome all residents, friends and family.



Also available in the lounge for residents and relatives to help themselves are a selection of reading material and games.

Excursions

The Knowles has access to the company minibuses resulting in regular excursions to local shops, places of interest or meals out. If you would like to make a suggestion where we can go next speak to one of the activities coordinators so we can include your suggestions in future programmes.



Website: adeptcarehomes.co.uk

Facebook: facebook.com/TheKnowlesCareHome/

Phone: 02476 460148

Address: 6 Duggins Lane, Tile Hill Village, Coventry, CV4 9GN

Events

Day	Date	Morning	Afternoon
Thu	1st	Ball Games, 11am, Lounge 1	Gardening Club, 2pm
Fri	2nd	Arts & Crafts, 11am, Lounge 2	Men's Club, Lounge 2, International Beer Afternoon, BBQ, 2pm
Sat	3rd	Noughts & Crosses Competition, 11am, Lounge 1	The Knowles Choir Practice, 2pm, Lounge 2
Sun	4th	Baking Club, 11am, Lounge 3	Afternoon Walk, 2pm, Lounge 1
Mon	5th	Floor Games, 11am, Lounge 2	Group Quiz, 2pm, Lounge 2
Tue	6th	Spanish Themed Day With a Spanish Singer, 2pm, Lounge 1 & 2	
Wed	7th	Talking About Us - Memory Boxes, 11am, Lounge 1 & 2	Ball Games, 3pm, Lounge 2
Thu	8th	Ladies Club, Pamper Morning, 11am, Lounge 1	Gardening Club, 2pm
Fri	9th	Arts & Crafts, 11am, Lounge 2	National Book Day, 2pm, Lounge 1
Sat	10th	Knit & Natter, 11am, Lounge 2	Movie Afternoon, 2pm, Lounge 2
Sun	11th	Music Morning, 11am, Lounge 1	Walking Club, 2pm, Local Area
Mon	12th	National Tea Week Tea Party, 11am, Lounge 2	Knit & Natter, Men's Club, 2pm, Lounge 1
Tue	13th	Skittles Tournament, 11am, Lounge 1	Pamper Afternoon, 2pm, Lounge 2
Wed	14th	Baking Club, 11am/Making Scones for Our Picnic, Lounge 2	Trip to Rosebourne Garden Centre, 2pm-4pm, Lounge 1

Family and friends are all very welcome

Day	Date	Morning	Afternoon
Thu	15th	Bingo, 11am, Lounge 1	Tea Party, 2pm, Lounge 1
Fri	16th	Arts & Crafts, 11am/Alice in Wonderland, Lounge 2	Gardening Club, 2pm
Sat	17th	Dominoes, 11am, Lounge 1	Movie Afternoon, 2pm, Lounge 2
Sun	18th	Music Morning, 11am, Lounge 2	Afternoon Walk, 2pm, Local Area
Mon	19th	Photography Day, All Day, Lounge 1 & 2	Best Joke Competition, 2pm
Tue	20th	Dominoes, 11am, Lounge 2	Pamper Session, 2pm, Lounge 1
Wed	21st	Baking Club, 11am/Cupcake Decoration, Lounge 2	Memory Boxes, 2pm, Lounge 1
Thu	22nd	Floor Games, 11am, Lounge 1 & 2	Gardening Club, 2pm
Fri	23rd	National Sponge Cake Day, 11am, Lounge 1	Creative Mojo, 2:30pm, Lounge 2, Steph's Wedding Reception, 3pm
Sat	24th	Knit & Natter, 11am, Lounge 1	Movie Afternoon, 2pm, Lounge 2
Sun	25th	Reminiscence Morning, 11am, Lounge 2	Afternoon Walk, 2pm, Local Area
Mon	26th	Floor Games, 11am, Lounge 2	Knit & Natter, BBQ, 2pm
Tue	27th	Music Morning, 11am, Lounge 2	Arts & Crafts, 2pm, Lounge 2
Wed	28th	Picnic at Jephson Gardens, 10am-3pm, Lounge 1	Reminiscent Session, 2pm, Lounge 2
Thu	29th	Bingo, 11am, Lounge 2	Gardening Club, 2pm
Fri	30th	Making Things for Our Memory Boxes, 11am, Lounge 1	Adding to Our Memory Boxes, 2pm, Lounge 2
Sat	31st	Dominoes, 11am, Lounge 2	Movie Afternoon, 2pm, Lounge 1 & 2

Subject to change due to residents choice



Our lovely Stephanie brought her wedding jewellery in to show residents before the big day!



Our Summer Fete Fun



FUN WE HAD



Bella the St Bernard came for a visit



Our Summer Fete Fun



Can't beat a nice ice lolly to cool down!